

## **PROCLAMATION**

Recognizing the Month of November as "American Diabetes Awareness Month"

WHEREAS, each year, more than 40,000 Arizonans are diagnosed with diabetes according to the American Diabetes Association; and

WHEREAS, diabetes is a chronic disease that affects how a person's body converts food into energy; and

WHEREAS, there are generally two types of diabetes: type-1 and type-2. With type-1 diabetes, the pancreas does not produce insulin or produces very little. With type-2 diabetes, a person's cells do not respond normally to insulin; and

WHEREAS, uncontrolled diabetes puts individuals at risk for serious health complications, including heart disease, stroke, blindness, kidney disease, and amputation; and

WHEREAS, learning how to manage diabetes through insulin, oral medication, diet, physical activity, and daily self-management routines is critical to preventing or minimizing the risks of serious health complications; and

WHEREAS, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that individuals diagnosed with, or at risk for, diabetes will get the attention they need before suffering serious health complications.

NOW, THEREFORE, Mayor Honea and the Marana Town Council do hereby proclaim the month of November as "American Diabetes Awareness Month" in the Town of Marana, and commend its observance to all citizens.

Dated this 18th day of October 2022.

ATTEST:

David L. Udall, Town Clerk

Ed Honea, Mayor